

INFORMATION SHEET

PROJECT TITLE

Cultural Differences in Social Anxiety and Eating Disorders

INVESTIGATOR

This study is conducted by Sing Yee Wong as part of her dissertation in a Master's Course in Psychology.

INVITATION

You are being asked to take part in a research study on social anxiety in people with eating disorders or show symptoms of eating disorders across the different cultures. Previous research has shown that there higher subclinical eating disorders cases and higher social anxiety levels in Asia than in the West. This study aims to further explore the possible differences in social anxiety levels in Asian and Western countries. We are aiming to recruit around 100 female participants from South East Asia, mainly Malaysia and Singapore and the United Kingdom to take part in this research. This project has been reviewed and approved by the Regent's University London Psychology Research Ethics Committee.

WHAT WILL HAPPEN

If you decide to take part in this study, you will be asked to sign an online consent form. You will then be asked to complete an online survey, with four different questionnaires answering some questions that will aim to measure your experience of eating disorders and social anxiety.

TIME COMMITMENT

The survey typically takes 15-20 minutes on one session only.

PARTICIPANTS' RIGHTS

Participation in this research study is completely voluntary. Even after you agree to participate and begin the study, you are still free to withdraw at any time and without having to give a reason.

BENEFITS AND RISKS/DISCOMFORT

There are no known risks for you in this study. The benefits of this study will be gaining additional knowledge in the behaviours and feelings of people with disordered eating in the hopes of further understanding of the problem and aiding in future recovery methods. However, some of the questions might be sensitive to certain people and if you feel uncomfortable at any point, you are allowed to stop the survey entirely and to contact myself or my supervisor, Dr. Justyna to obtain the debriefing sheet. We will also be able to guide you to the appropriate networks to seek further help.

COST, REIMBURSEMENT AND COMPENSATION

Your participation in this study is voluntary. You will receive no remuneration in return for your participation.

CONFIDENTIALITY/ANONYMITY

The data collected contains some personal information about you, such as your age, race/ethnicity, gender, country of birth, country you have resided in the most, current country of residence, height and weight. No one will link the data you provided to the identifying information you supplied.

FOR FURTHER INFORMATION

Dr. Justyna Kucharska will be glad to answer your questions about this study at any time. You may contact her at KucharsJ@regents.ac.uk.

If you would like to find out about the final results of this study, you should email Sing Yee Wong at S00906680@regents.ac.uk to request a written report on the findings of the study.

THANK YOU FOR PARTICIPATING!

Please copy and paste the link below into your browser to begin the survey:

<https://www.surveymonkey.co.uk/r/TPBBL7T>

Thanks again in advance.